



AUTUMN APPLE BREAD

Blending apples, sunflower seeds, golden raisins, oats, maple syrup & nutmeg. We promise, you'll fall for this wholesome, delicious bread.

BAKED: MONDAY, WEDNESDAY & SATURDAY

Great Harvest Bread Co.®

12268 Rockville Pike #A • Rockville, MD • 20852 • PH 301/770 - 8544

DAILY BREADS:

- Challah
- Old Fashion White
- Honey Whole Wheat
- Dakota

MENU-SEPT. 2019

= 100% Whole Grain Bread using hand-selected non-GMO wheat, which we grind-fresh daily.

= >50% Whole Grain Bread

MONDAY Cinnamon Blast * White Choc. Sour Cherry Swirl

Autumn Apple * Cinnamon Chip Challah Spinach Provolone

TUESDAY Cinnamon Swirl * Apple Bear Claw Superfood Bread

Cinnamon Chip Challah * Margherita Pizza Bread

Jewish Rye 9/3 & 17 * 9-Grain 9/10 * Flax Oatbran 9/24

WEDNESDAY Cinnamon Blast * White Choc. Sour Cherry Swirl

Autumn Apple * Spinach Provolone

Margherita Pizza Bread

THURSDAY Pecan Swirl * Cinnamon Swirl

Cinn. Chip Challah * Choc. Babka * Spinach Provolone

Low Carb Avenue * Margherita Pizza Bread

FRIDAY Cinn. Chip Challah * Butterscotch Challah * Raisin Challah

Cinnamon Blast * White Choc. Sour Cherry Swirl

Super Food Bread * Choc. Babka

Cheddar Garlic * Jalapeno Cheddar Garlic

SATURDAY & SUNDAY Cinnamon Swirl * Apple Bear Claw

Dakota * Autumn Apple * Choc. Babka

3-Cheese Swirl * Red White & Blueberry Swirl 9/2

ROSH HASHANAH & YOM KIPPUR

BAKE SCHEDULE

CROWNED CHALLAH

Sept. 26-Oct. 20

CROWNED RAISIN CHALLAH

Sept. 26-30 & Oct. 4-9

CROWNED CINNAMON CHALLAH

Sept. 26-30 & Oct. 4-9

ALL CROWNED 9/26-10/20

ORDER'S MUST BE IN BY 9/24 PICKUP AFTER 1PM.



Jewish Apple Cake Sept 26-30 & Oct 4-9

Honey Cake Sept. 27-30 & Oct 7-8

Apple Honey Cake Sept. 27-30 & Oct 7-8

Apple Pie Sept. 26-30

Pecan Pie Sept. 26-30

Please note: Sept. 28-29 & Oct. 8 we will not make Old Fashion White, cheese bread and a few other breads & tea cakes to make room for the great amount of Challah & Jewish Apple Cake for these special days. Orders: 4 loaf minimum on 9/28-29, and 10/8 and pickup after 1:00pm.

Cut off date to place order: 9/24/2019

All above are PARVE

SPECIAL SUNDAY HOURS 9/29

8:00AM-6:00PM



SWEET SPOT

COOKIE Buy individually or as a 6-pack

- Ginger Bops ... Daily
- Choc. Chip Tollhouse ... Daily
- Chocolate Chip Oatmeal .. Daily
- Raisin Cinn. Oatmeal ... Daily

MUFFIN Buy individually or as a 4-pack

- Pumpkin Spice ... Daily
- Pumpkin Choc. Chip ... Daily
- Cinn. Chip Apple .. Mon. Fri-Sun
- Raspberry Blue ... Tue-Fri
- Lemon Poppy seed ... Thurs-Sun

BREAD PUDDING ... Daily

APPLE PIE ... Sept. 27-30

TEACAKES

- Pumpkin Spice ... Daily
- Pumpkin Choc. Chip ... Daily
- Jewish Apple Cake ... Mon. Fri-Sun
- Cinn. Chip Apple ... Mon. Fri-Sun
- Blueberry ... Tue-Fri
- Poppy seed ... Thurs-Sun

SCONE Buy individually or as a 4-pack

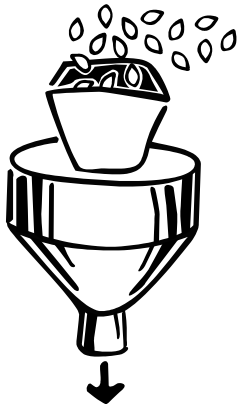
- Blueberry White Choc. Chip ... Daily
- Raspberry Scone ... Daily
- Cinnamon Chip Scone ... Daily
- CINNAMON ROLLS** ... Daily

WE USE NON-GMO WHEAT & NON-IODIZED SALT

Sign up to receive our menu @ www.greatharvestrockville.com

STORE HOURS: MONDAY - FRIDAY 7am - 7pm * SATURDAY 7am - 6pm * SUNDAY Noon - 5pm

FRESH GROUND FLOUR -VS- BREAD MADE WITH OVEN BAKED FLOUR



FRESH GROUND FLOUR -VS- OVEN BAKED FLOUR

Can you imagine baking your flour before making it into bread? Well, that is exactly what you are buying from the grocery store. Whole Wheat bread made with flour which has been pre-baked and left to sit for weeks or even months before it is used. They do this to make the flour "shelf stable."



At Great Harvest we grind our own whole wheat flour and bake it into bread within 48 hours! We see no reason to pre-bake our flour and lose the amazing flavor and nutrition from the fresh ground flour.



Superior flavor! Superior nutrition! You can really taste the difference fresh ground flour makes.

HONEY WHOLE WHEAT

Our hallmark bread. It has just 5 ingredients. 100% fresh stone ground whole Wheat Flour, Water, Honey, Yeast and Salt.



-Baked Daily
Round or sliced loaf

SUPER FOOD BREAD

All of the grains in this loaf are considered Super food grains! It has Quinoa, Hemp seeds, Flax seeds, Oat Bran and 100% fresh stone milled Wheat!



Quinoa, Hemp Seeds, Flax, Oat Bran, & 100% Whole Grain!

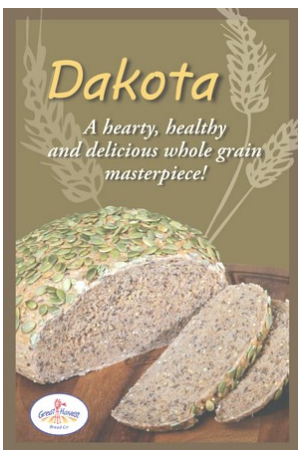


Baked: Tues. & Fri.
Round or sliced loaf.

DAKOTA

100% whole grain w/ pumpkin seeds, sesame seeds, sunflower seeds & millet seeds!

Baked: Daily
Comes in a round or sliced loaf.



CRANBERRY ORANGE

100% fresh ground whole grain w/Dried Cranberries and whole ground Orange. Eat it naked or toast it and spread on some Great

Harvest Cranberry Walnut spread.

-Baked Wednesday