


IT'S PUMPKIN TIME!!!


Great Harvest Bread Co.®


12268 Rockville Pike #A • Rockville, MD • 20852 • PH 301/770 - 8544

DAILY BREADS:

- Challah
- Old Fashion White
-  Honey Whole Wheat
-  Dakota




MENU-OCTOBER 2017

 = 100% Whole Grain Bread using hand-selected wheat, which we grind-fresh daily in our bakery.




 = >50% Whole Grain Bread





PUMPKIN SWIRL
Baked Tues & Saturday.

MONDAY Cinnamon Blast * White Choc. Sour Cherry Swirl
Cinnamon Chip Challah *  Dakota * Margherita Pizza Bread
 Red White & Blueberry Swirl 10/16 * Woodstock 10/9 only 

TUESDAY   Pumpkin Swirl * Cranberry Crunch
Cheddar Garlic *  Nine Grain

WEDNESDAY Cinnamon Blast * White Choc. Sour Cherry Swirl
Butterscotch Challah *  Virginia Rolls
 Super Food Bread *  Spinach Provolone

THURSDAY  Cinnamon Swirl *  Apple Bear Claw
Cinnamon Chip Challah *  Everything Bread
 Popeye * Choc. Babka *  Guinness-N-Gouda 10/12 

FRIDAY Butterscotch Challah * Cinn. Chip Challah * Raisin Challah
Cinnamon Blast * White Choc. Sour Cherry Swirl
 Spinach Provolone *  Super Food Bread * Choc. Babka
Margherita Pizza Bread *

SATURDAY & SUNDAY   Pumpkin Swirl
 Dakota *  Popeye * Choc. Babka
Cinn. Chip Challah

The perfect blend of real pumpkin, spices, walnuts, and streusel, hand-rolled into a light-wheat Loaf!

PUMPKIN CHOCOLATE CHIP COOKIES

Pumpkin Choc. Chip Cookies, small, moist cookies which taste of fall. We sell them in a pack of twelve so you can share... if you are so inclined.



#1 SELLING TEACAKE ALL YEAR LONG.
Made Daily.

SWEET SPOT

COOKIE Buy individually or as a 6-pack

- Ginger Bops ... Daily
- Choc. Chip Tollhouse ... Daily
- Choc. Chip Walnut Tollhouse ... Daily
- Chocolate Chip Oatmeal ... Daily
- Raisin Cinn. Oatmeal ... Daily
- Pumpkin Choc. Chip (12-pack) ... Daily

MUFFIN Buy individually or as a 4-pack

- Pumpkin Spice ... Daily
- Pumpkin Choc. Chip ... Daily
- Raspberry Oatbran ... Daily
- Blueberry Oatbran ... Daily
- Banana Nut ... Mon, Tue, & Sat
- Apricote Almond ... Thurs-Sat

TEACAkes

- Pumpkin Spice ... Daily
- Pumpkin Choc. Chip ... Daily
- Banana Nut ... Mon, Tue & Sat
- Tropical Banana  ... Sat
- Jewish Apple Cake ... Fri-Sun
- Chocolate Brownie ... Tue-Wed
- Apricote Almond ... Thur-Fri

BREAD PUDDING ... Daily

SCONE Buy individually or as a 4-pack

- Raspberry Scone ... Daily
- Cinnamon Chip Scone ... Daily
- Blueberry White Choc ... Daily

WE USE NON-IODIZED SALT

Sign up to receive our menu @ www.greatharvestrockville.com

STORE HOURS: MONDAY - FRIDAY 7am - 7pm * SATURDAY 7am - 6pm * SUNDAY Noon - 5pm *

PRICE COMPARISON WITH GIANT FOODS

COMPARABLE BREADS:

	GREAT HARVEST:
	<i>Loaf / Loaf \$ / \$per oz.</i>
Challah	24oz. / \$7.25 / \$0.30
Whole Wheat	34oz. / \$5.95 / \$0.18
Multigrain	30oz. / \$6.65 / \$0.22
White	32oz. / \$5.95 / \$0.19
Fruit	24oz / \$6.95 / \$0.29
Cheese/Herb	24oz / \$7.45 / \$0.31

GIANT FOODS:

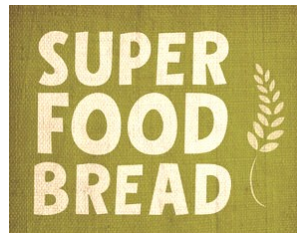
	<i>Loaf / Loaf \$ / \$per oz.</i>
	16oz. / \$4.49 / \$0.28
	24oz. / \$4.99 / \$0.21
	16oz. / \$5.29 / \$0.33
	16oz. / \$4.29 / \$0.27
	15oz. / \$3.99 / \$0.29
	14oz / \$3.99 / \$0.29

Prices as of 6/1/2017



NEW THIS MONTH BREAD PUDDING!!!

Perfect blend on cinnamon, raisins & sugar. You are going to love this in the morning or as a snack.



Quinoa, Hemp Seeds, Flax, Oat Bran, & 100% Whole Grains!



Get back to your good Whole Grain/Ancient Grain diet. **SUPER FOOD BREAD** has:

- **FLAX SEEDS**
- **HEMP SEEDS**
- **QUINOA SEEDS**
- **OAT BRAN**
- **OLIVE OIL**

Baked: Wed. & Fri.

All the stuff your Doc. has been telling you to eat!

SUPER FOOD CAN HELP YOU STAY SWIMSUIT READY!

Warm up everyone's tummy on a cold winter's morning with

GREAT HARVEST WHOLE GRAIN PANCAKES

Made with fresh ground flour and whole oats!



Oh you are going to love this one!

MARGHERITA PIZZA BREAD

Enjoy fresh mozzarella, fresh tomato, fresh basil, oregano, garlic, & olive oil. Heat up the loaf in the oven or toast a slice for a snack. Or add a salad and you have dinner.

BAKED: MONDAY & FRIDAY.

