

MARDI GRAS



Celebrate Mardi Gras with a cake made for a king.
Feb 3-Feb 9



See back for details.

CHOCOLATE BLISS COOKIES

Give your love pure bliss-Chocolate Bliss Cookies.

Available:

Thurs-Sun
Orders are best.

Chocolate Bliss for a Valentine Kiss!
Happy Valentine's Day!



CHOCOLATE BROWNIE HEART

Available:
Thurs.-Sun.

NEW!!!

CHEESE-HEAD BREAD

Great for dinner, snack, sandwich, really anytime of day you need a little cheese in your diet!

Baked: Thursdays

Plus: Fri. & Sat. for the Super Bowl. 2/5 & 2/6



SUPER FOOD BREAD

Quinoa, Hemp Seeds, Flax, Oat Bran, & 100% Whole Grain!



Get back to your good Whole Grain/Ancient Grain diet. **SUPER FOOD BREAD** has:

- FLAX SEEDS
- HEMP SEEDS
- QUINOA SEEDS
- OAT BRAN
- OLIVE OIL

All the stuff your Doc. has been telling you to eat!

Great Harvest Bread Co.®

12268 Rockville Pike #A • Rockville, MD • 20852 • PH 301/770 - 8544

DAILY BREADS:

- Challah
- Old Fashion White
- Honey Whole Wheat
- Dakota

MENU-FEBRUARY 2016

= 100% Whole Grain Bread using hand-selected wheat, which we grind-fresh daily in our bakery.

= >50% Whole Grain Bread

MONDAY Cinnamon Blast * Cinnamon Chip Challah

Dakota * Spinach Provolone

(Red White -N- Blueberry Swirl 2/15 & 22 Pres. Day / Wash B. Day)

TUESDAY Xtrem Cinn. Swirl * Xtrem Apple Bear Claw

Cranberry Crunch * Dakota Spinach Provolone
Brown Rice * Brown Rice Cinn. Chip

WEDNESDAY Cinnamon Blast * White Choc. Sour Cherry Swirl *

Cranberry Crunch * Spinach Provolone * Superfood Bread

Virginia Rolls * Pumpkin Swirl 2/17-only

THURSDAY Red, White & Blueberry Swirl * Cinnamon Chip Challah

Cheese Head Bread * Nine Grain * Cherry Walnut Choc. & Cinnamon Babka

FRIDAY Cinn. Chip Challah * Raisin Challah * Choc. & Cinn. Babka

Cinnamon Blast * Superfood Bread * Popeye Bread

Cranberry Choc. Chip Challah Heart 2/12-13

SATURDAY & SUNDAY Apple Bear Claw * Cinnamon Swirl

Dakota * Popeye * Choc. & Cinnamon Babka

Cranberry Choc. Chip Challah Heart 2/12-13

SWEET SPOT

COOKIE Buy individually or as a 6-pack

- Ginger Bops ... Daily
- Choc. Chip Tollhouse ... Daily
- Chocolate Chip Oatmeal... Th-Sun
- Raisin Cinn. Oatmeal .. Th-Sun

MUFFIN . Buy individually or as a 4-pack

- Oat Bran Muffin ... Daily
- Pumpkin Spice ... Daily
- Pumpkin Choc Chip ... Daily
- Apricot Almond ... Tue & Wed
- Bananan Nut ... Mon & Sat

GOOEY BAR Daily

TEACAKES

- Pumpkin Spice ... Daily
- Pumpkin Choc. Chip ... Daily
- Apricot Almond ... Tue & Wed
- Choc. Brownie T-Cake ... Thur & Fri
- Banana Nut ... Mon & Sat

SCONE Buy individually or as a 4-pack

- Raspberry Scone ... Daily
- Cinnamon Chip Scone ... Daily
- Blueberry White Choc ... Daily
- Butterscotch Pecan ... Thur-Sun

WE USE NON-IODIZED SALT

Sign up to receive our menu @
www.greatharvestrockville.com

STORE HOURS: MONDAY - FRIDAY 7am - 7pm * SATURDAY 7am - 6pm * SUNDAY Noon - 5pm



SOUP'S ON!!!

HEARTY SOUPS & WHOLE GRAIN BREADS!

During the cold winter months, is there anything quite as cozy as a steamy cup of soup with warm dinner rolls?

Pick up a package of our gourmet soup mix and receive a

FREE half-dozen

Made-from-scratch, fresh Honey Whole Wheat or Challah rolls.

No Coupon Needed! (limit 2 per visit)

Take advantage of this hot, delicious offer in February



MARDI GRAS

celebration began in New Orleans in 1837. The carnival season has grown to become the city's largest

celebration. The carnival season starts on Jan. 6, the day when the Magi were said to have visited the baby Jesus, and ends on "Fat Tuesday", the day before Lent begins.

No Mardi Gras celebration is complete without a King Cake. The pastry is thought to have originated in France in the 12th century. The circular cake with the hole in the middle represents the circular route the kings took to prevent King Herod from finding baby Jesus.

Traditionally the Mardi Gras King Cake is baked with a small plastic baby hidden inside. The person who gets the baby in their piece of King Cake is expected to provide the next cake (or throw the next party.) Get in on the excitement. Do it every Friday at work or throw your own party with your friends and neighbors. We will make the King Cake every Thurs—Fri. starting Jan. 7th ending Fat Tuesday, Feb 9th.

Each King Cake is decorated in the traditional Mardi Gras colors of purple (justice), green (faith), and gold (power), and comes in a festive box along with 3 coins, 3 strings of beads, and a plastic baby figure to hide in the cake.



King Cake \$18.95ea

*Available
Daily Feb. 3rd—Feb. 9th*